

# LEARN TO SKATE USA

Endorsed by:



## Fall #1 Session Dates

Tuesday, September 6<sup>th</sup> - Thursday, October 20<sup>th</sup>

To register, please visit [www.annarborfsc.org](http://www.annarborfsc.org)



Located in the Ann Arbor Ice Cube  
2121 Oak Valley Dr.  
Ann Arbor, MI 48103

AAFSC Office Phone: (734) 213-6768  
Email: [aafsc@annarborfsc.org](mailto:aafsc@annarborfsc.org)

Learn to Skate Director: Mary Johanson  
[coachmaryjohanson@gmail.com](mailto:coachmaryjohanson@gmail.com)

## Frequently Asked Questions & Policies

### AAFSC Refund and Credit Policy

- There will be NO refunds issued for Learn to Skate classes.
- If a skater drops the class within 14 days of the start of the regular scheduled session, a credit will be issued to the skater's account. After 14 days, a class can be dropped only for medical reasons with a doctor's note. All credits will be prorated from the date the class is dropped.
- Administrative fees will not be refunded or credited.
- Please contact the AAFSC Office if you wish to drop a Learn to Skate class.

### Age Requirements & Restrictions

- The minimum age for the Learn to Skate program is 3 years old.
- The Beginning Hockey class is designed for skaters ages 3 through 7.
- Adults (18+) interested in Learn to Skate should choose Adult Learn to Skate in the course selection drop down.

### Equipment

- Rental skates and helmets are available for all classes at no extra charge. Feel free to bring your own bike, hockey, or other sports helmet that clips under the chin.
- Helmets are required for all Snowplow levels as well as for Basic 1 skaters. Helmets are highly recommended for all other levels.
- Warm clothing should be worn in layers to allow for ease of motion. Refrain from wearing restrictive or bulky clothing. A light pair of gloves is highly recommended.

### Evaluations

- All skaters will be continuously evaluated each week. If at any time you believe your child is in the wrong class, please contact their instructor or the Learn to Skate Director, Mary Johanson, at [coachmaryjohanson@gmail.com](mailto:coachmaryjohanson@gmail.com)
- A formal evaluation will be completed at the end of the session.

### Membership

- You must be an Ann Arbor Figure Skating Club Learn to Skate Member to participate in our classes. Basic Skills Membership is \$35.00 annually and runs from July 1, 2022, to June 30, 2023.

# Learn to Skate

The Ann Arbor Figure Skating Club's Learn to Skate program follows the curriculum developed by Learn to Skate USA and is divided according to age and skill level. To ensure the best quality, all of our instructors are experienced in the test and competitive structure of U.S. Figure Skating and are certified by Learn to Skate USA. Priority is placed on giving individual attention within the group setting so the skater can feel comfortable and progress to their maximum potential. **You must be an Ann Arbor Figure Skating Club Basic Skills Member to participate in our classes. Basic Skills Membership is \$35.00 annually and runs from July 1, 2022, to June 30, 2023.**

## Snowplow Sam 1 – 4 (SPS 1-4)

*For skaters ages 3 – 6*

### **Wednesday 6:05 pm - 6:35 pm**

7 classes = \$118

9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/19

### **Thursday 6:05 pm - 6:35 pm**

7 classes = \$118

9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20

### **Friday 9:15 am – 9:45 am**

6 classes = \$104 \*Friday Tots\*

9/9, 9/16, 9/23, 9/30, 10/7, 10/14

### **Friday 9:45 am – 10:15 am**

6 classes = \$104 \*Friday Tots\*

9/9, 9/16, 9/23, 9/30, 10/7, 10/14

### **Saturday 10:05 am - 10:35 am**

6 classes = \$104

9/10, 9/17, 9/24, 10/1, 10/8, 10/15

## Basic 2 (B2)

*Must have passed Basic 1*

### **Wednesday 6:05 pm - 6:35 pm**

7 classes = \$118

9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/19

### **Thursday 6:05 pm - 6:35 pm**

7 classes = \$118

9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20

### **Saturday 10:05 am - 10:35 am**

6 classes = \$104

9/10, 9/17, 9/24, 10/1, 10/8, 10/15

## Basic 1 (B1)

*For beginner skaters ages 7+*

### **Wednesday 6:05 pm - 6:35 pm**

7 classes = \$118

9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/19

### **Thursday 6:05 pm - 6:35 pm**

7 classes = \$118

9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20

### **Saturday 10:05 am - 10:35 am**

6 classes = \$104

9/10, 9/17, 9/24, 10/1, 10/8, 10/15



## Basic 3 (B3)

*Must have passed Basic 2*

### **Thursday 6:35 pm - 7:05 pm**

7 classes = \$118

9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20

### **Saturday 10:35 am - 11:05 am**

6 classes = \$104

9/10, 9/17, 9/24, 10/1, 10/8, 10/15

# Learn to Skate

## Basic 4 (B4)

*Must have passed Basic 3*

### **Thursday 6:35 pm - 7:05 pm**

7 classes = \$118

9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20

### **Saturday 10:35 am - 11:05 am**

6 classes = \$104

9/10, 9/17, 9/24, 10/1, 10/8, 10/15

## Basic 6 (B6)

*Must have passed Basic 5*

### **Thursday 6:35 pm - 7:05 pm**

7 classes = \$118

9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20

### **Saturday 10:35 am - 11:05 am**

6 classes = \$104

9/10, 9/17, 9/24, 10/1, 10/8, 10/15

### **Sunday 2:15 pm - 3:05 pm**

50-minute classes

\*ASPIRE to be a Shooting Star\*

6 classes = \$200

9/11, 9/18, 9/25, 10/2, 10/9, 10/16

## Basic 5 (B5)

*Must have passed Basic 4*

### **Thursday 6:35 pm - 7:05 pm**

7 classes = \$118

9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20

### **Saturday 10:35 am - 11:05 am**

6 classes = \$104

9/10, 9/17, 9/24, 10/1, 10/8, 10/15

## Pre-Free Skate (PF)

*Must have passed Basic 6*

### **Thursday 6:35 pm - 7:05 pm**

7 classes = \$118

9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20

### **Saturday 10:35 am - 11:05 am**

6 classes = \$104

9/10, 9/17, 9/24, 10/1, 10/8, 10/15

### **Sunday 2:15 pm - 3:05 pm**

50-minute classes

\*ASPIRE to be a Shooting Star\*

6 classes = \$200

9/11, 9/18, 9/25, 10/2, 10/9, 10/16

## Adult Learn to Skate & Advanced Adult

*Beginner - Advanced, Ages 18+*

*For Advanced Adult, please select Adult LTS during registration.*

### **Tuesday 6:15 pm - 7:05 pm**

50-minute classes

7 classes = \$153

9/6, 9/13, 9/20, 9/27, 10/4, 10/11, 10/18



**ATTENTION:** You must be an Ann Arbor Figure Skating Club Basic Skills Member to participate in our classes. Basic Skills Membership is \$35.00 annually and runs from July 1, 2022, to June 30, 2023.

**REGISTER ONLINE at [www.annarborfsc.org](http://www.annarborfsc.org)**

## Beginning Hockey

**Must have passed Snowplow Sam 3 or Basic 1**

For ages 3-7 learning beginner hockey skills. Students will be working on hockey badges 1-4.

Recommended equipment includes: Helmet with mask, stick, elbow & knee pads

**Thursday 6:35 pm - 7:05 pm**

30-minute classes

6 classes = \$118

9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20



Beginning Hockey

## Adaptive

AAFSC, a non-profit organization, is proud to offer an adaptive skating class for young people with special needs. This program, developed by U.S. Figure Skating, has been proven to improve fitness, strength, balance, flexibility, socialization, and self-esteem.

**Saturday 9:15 am - 10:05 am**

50-minute classes

6 classes = \$140

9/10, 9/17, 9/24, 10/1, 10/8, 10/15



## Friday Tots

The perfect Learn to Skate opportunity for young skaters

Ages 3 through 6 only | Snowplow Sam 1-4

**Friday 9:15 am – 9:45 am OR**

**Friday 9:45 am – 10:15 am**

30-minute classes

6 classes = \$104

9/9, 9/16, 9/23, 9/30, 10/7, 10/14



AAFSC Friday Tots

Any questions email us at [aafsc@annarborfsc.org](mailto:aafsc@annarborfsc.org)

Or call (734) 213-6768

Register online at [www.annarborfsc.org](http://www.annarborfsc.org)

## ASPIRE to be a Shooting Star

**Must have passed Basic 5**

For those in Basic 6, Pre-Free Skate & Free Skate 1 – 6. Skaters will focus on technique, jumps, spins, and more!

**Sunday 2:15 pm - 3:05 pm**

50-minute classes

6 classes = \$200

9/11, 9/18, 9/25, 10/2, 10/9, 10/16



## Competition Club

**Open to ALL Basic Skills Levels**

For those interested in performance skills. This class focuses on expression, creativity, and choreography building at all levels. See the Competition Club brochure (also available on our website) for more information.

**Sunday 1:15 pm - 2:05 pm**

50-minute classes

8 classes + Competition fees = \$365

9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30



\*Competition fees includes registration for two (2) events in either the Skate the Gate Basic Skills Competition in Southgate, MI on Sunday, October 9<sup>th</sup> OR the Skate Midland Basic Skills Competition in Midland, MI on Saturday, November 5<sup>th</sup>

\*Skaters who register for Skate the Gate will receive a \$30 credit for the missed class

## Ice Dudes

**Must have passed Basic 2**

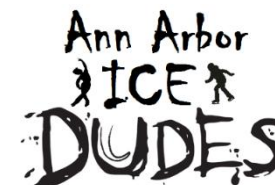
Train like a dude! Enjoy the comradery and fun of working alongside other boys in the sport.

**Sunday 1:15 pm - 1:45 pm**

30-minute classes

6 classes = \$152

9/11, 9/18, 9/25, 10/2, 10/9, 10/16



## LTS Synchro

**Must have passed Snowplow Sam 4, Basic 2, or higher**

This class is designed to give skaters the opportunity to try skating with new friends in a team setting and to learn the values of teamwork and confidence.

**Saturday 9:15 am - 10:05 am**

50-minute classes

6 classes = \$200

9/10, 9/17, 9/24, 10/1, 10/8, 10/15



## Summarized Weekly Schedule – Fall #1

### Tuesday

- 6:15 pm - 7:05 pm: Adult Learn to Skate & Advanced Adult

### Wednesday

- 6:05 pm - 6:35 pm: Snowplow Sam 1 – 4, Basic 1 & 2

### Thursday

- 6:05 pm - 6:35 pm: Snowplow Sam 1 – 4, Basic 1 & 2
- 6:35 pm - 7:05 pm: Basic 3 - 6, Pre-Free Skate & Beginning Hockey

### Friday

- 9:15 am – 9:45 am: Friday Tots
- 9:45 am – 10:15 am: Friday Tots

### Saturday

- 9:15 am – 10:05 am: Adaptive & LTS Synchro
- 10:05 am – 10:35 am: Snowplow Sam 1 – 4, Basic 1 & 2
- 10:35 am – 11:05 am: Basic 3 – 6 & Pre-Free Skate
- 11:15 am – 12:05 pm: Unified Team

### Sunday

- 1:15 pm – 1:45 pm: Ice Dudes
- 1:15 pm – 2:05 pm: Competition Club & Private LTS
- 2:15 pm – 3:05 pm: ASPIRE to be a Shooting Star

## Important Information – Please Read

### REQUIRED LTS Waiver Packet

If you have already submitted your updated waiver packet with the Summer registration, then you are all set for the remainder of the 2022-2023 season. **However, if you did not skate in the Summer session** or have not submitted a new waiver packet as of July 1, 2022, **you MUST EMAIL the completed waiver packet** (found on our website) to [waivers@annarborfsc.org](mailto:waivers@annarborfsc.org) BEFORE the first class.

### Class Information

You must be an Ann Arbor Figure Skating Club Learn to Skate Member to participate in our classes. **Basic Skills Membership is \$35.00** annually and runs from July 1, 2022, to June 30, 2023.

**We are really looking forward to our Fall #1 Learn to Skate Classes!** Please contact our LTS Director, Mary Johanson at [coachmaryjohanson@gmail.com](mailto:coachmaryjohanson@gmail.com) with any questions.

### **Option A. Learn to Skate Supplemental Lessons**

Skaters currently enrolled in the AAFSC Learn to Skate Program are permitted to take ONE private lesson per week on a regular club ice session without upgrading their membership. Students pay their coach directly and purchase their ice time on the Ann Arbor Figure Skating Club website at [www.annarborfsc.org/Programs/Ice/ContractIce.aspx](http://www.annarborfsc.org/Programs/Ice/ContractIce.aspx) To view our coaches - [www.annarborfsc.org/About/ClubPros.aspx](http://www.annarborfsc.org/About/ClubPros.aspx) For assistance in choosing an instructor, please contact our LTS Director, Mary Johanson at [coachmaryjohanson@gmail.com](mailto:coachmaryjohanson@gmail.com). Please note that LTS Skaters are limited to only one private lesson per week and may not purchase additional ice time or skate without an instructor present for their own safety. Only full club members are permitted to skate without an instructor present.

### **Option B. Private Learn to Skate “Class”**

The Ann Arbor FSC offers a once-a-week Private LTS “class”. Skaters in this program will be assigned a coach and work one-to-one with their instructor each week to build individual skating skills. Those enrolled in this program must have an AAFSC Basic Skills Membership and may not take any additional private lessons. Skaters do not need to be enrolled in a group LTS class to participate in Private LTS. Please note that Introductory and full Club Members are not eligible for this program. Skaters in the Private LTS program will only be permitted to register in Private LTS for a total of three sessions. Availability for Private LTS is limited, and registration is on a first-come, first-served basis. To submit a request for Private LTS, please contact our LTS Director, Mary Johanson at [coachmaryjohanson@gmail.com](mailto:coachmaryjohanson@gmail.com)

### **Option C. Club Membership & Private Lessons**

If your skater is interested in more than one private lesson per week, you must upgrade their membership level. Introductory Membership is available in a skater’s first year and is \$109 with a 15-hour volunteer commitment for the club season (July 1<sup>st</sup> – June 30<sup>th</sup>). Beyond their first year, skaters must join our Club #1 Membership which is \$139 and includes a 40-hour volunteer commitment. With club membership, skaters are not limited in the number of ice sessions or lessons that they may register per week. Lessons fees will be paid to the coach and ice session purchases will be made online at [www.annarborfsc.org/Programs/Ice/ContractIce.aspx](http://www.annarborfsc.org/Programs/Ice/ContractIce.aspx) To upgrade your membership, please call the AAFSC Office. For a list of our coaches - [www.annarborfsc.org/About/ClubPros.aspx](http://www.annarborfsc.org/About/ClubPros.aspx) Skaters with full club membership are still eligible and encouraged to participate in group Learn to Skate classes.