

AAFSC FALL 2020

RULES & INFORMATION

Learn to Skate

Facility Safety Measures

All areas and surfaces within the rinks and lobbies have been sanitized and coated with an antimicrobial spray. This sanitization includes, but is not limited to, the front lobby, rental skates, floors, doors, bleachers, rink glass and boards, benches and penalty boxes, locker rooms, shower's and restrooms.

Cube staff will be sanitizing high traffic areas and surfaces every 30 minutes. For example, the Cube's staff will regularly clean the rink board caps, door handles, music center, and vending machines.

Many areas of the facility will have limited or no access, please stay within designated areas.

Upon entering the building, skaters and chaperones must have their temperature taken by a staff member with a contactless, infrared thermometer and sign a waiver of liability. Cube waivers need only be completed one time. You will be asked your name upon each entry to the Cube to ascertain that a Cube waiver is on file.

Maintain Social distancing - **Only one skater, and one parent or guardian, if required for a skater under the age of 18, will be allowed in the Cube vestibule to complete the required paperwork.** Please form a line to the right of the entry doors and along the front and side of the building. Spots have been marked on the sidewalk to indicate the necessary 6' social distancing requirement. Please stand in your spot until the spot in front of you becomes available.

Masks are required for all employees, skater's, and guests in the building. Masks may be provided by the facility, if available. **Patrons without a protective face covering will not be permitted in the building.**

Hand sanitation stations will be available in the lobby and at the entrance to the ice. Everyone is encouraged to wash their hands frequently with soap and water.

Most doors will be propped open to minimize touch points (potential contact sites). Follow the designated traffic flow pattern.

The Cube's drinking fountains are closed. If necessary, please bring a personal, filled water bottle labeled with your name. The Club office cannot fill water bottles. Water will also be available in the lobby vending machines if necessary.

The facility will be open to other user groups. However, initially, there will be no public skate sessions offered by the Cube. Other user groups will be following their own protocols and unless deemed dangerous to AAFSC members, are not our concern.

General Practices for Skaters/Parents/Coaches

Only one skater, and one parent or guardian, if required for a skater under the age of 18, will be allowed in the Cube. Siblings are only allowed if they are registered for another LTS class that day. Please find a seat in the section of bleachers closest to the Ann Arbor Figure Skating Club Office, closest to the entrance doors, 6 feet apart, maintaining seats in between others.

Stay home if you have reason to believe you may be infected (tested positive, having any symptoms, exposure to someone who is infected).

Take temperatures prior to driving to the rink. If your skater's temperature is 100.4 Degrees or higher, you cannot skate.

Do not come to the rink if you or your skater exhibit any signs (fever, cough, shortness of breath/difficulty breathing, chills, repeated shaking/chills, muscle pain, headache, sore throat, new loss of taste or smell). It will not do you or anyone else in the Club community any good if the virus is easily introduced into the building. It could lead to you and everyone else not being able to skate.

Practice good hygiene – wash hands before and after skating, avoid touching eyes, nose, or mouth, cough or sneeze into upper arm, no spitting.

Maintain a safe physical distance of 6 feet – no unnecessary contact like handshakes, high fives, hugs, team huddles, or clustering during breaks. Instructors will do their best to make sure skaters remain within a safe distance but please discuss with your skater before registering for classes. **We reserve the right to send your skater off the ice if they are not following the safe distance instructions during class.**

Skaters must stagger entry/exit times through designated doors – there will be designated entry/exit doors marked for the building, the rink, and the ice. There will be no building entry/exit, except through the front of the building.

You may “check in” to the Cube any time prior to your scheduled ice session on the day you are skating.

DO NOT come into the building before you are notified by Club office staff. You should be prepared to come in the building no later or earlier than 10 minutes before your session.

Use the automatic doors on your left to enter the building. Proceed down the stairs to the skate rental lobby.

WAIT in your chair until your instructor leads your skater to enter the ice.

DO NOT line up at the ice door. WAIT for a director or instructor to escort you into the rink. Entry will be made from the lobby end of the Olympic rink. The exit will be at the doors at center ice. Your skater will be escorted on and off the ice.

If the skater must leave the ice to use the restroom, your instructor or a director will escort your skater to the exit doors at center ice into the hallway between the Olympic and Stadium rinks. You will meet your skater and escort them to the restroom. Your skater will return through the Olympic rink doors by skate rental and be taken back to their group by a director.

Skaters will be required to promptly leave the Club at the conclusion of their skating session(s) to allow room for the next group of scheduled skaters to enter the facility. Exit the ice through the designated rink exit door, proceed out of the building through the ramp, and exit the building by using the double doors on your left. DO NOT exit the building through the automatic doors.

Masks are required for coaches and for skaters/parents at all times while within the facility and on the ice. Avoid adjustment, removal and dropping of the mask during skating session and while near others. If you are not willing to wear a mask, please do not come to the Cube.

Parents are expected to report any illness if their skater becomes symptomatic after spending time at the Cube, by emailing coachmaryjohanson@gmail.com. Names will not be used when reporting a possible exposure at the Cube.

If your skater has a fever, or respiratory symptoms such as a cough, loss of smell or taste, we ask your skater not to participate until your physician clears your skater. Attendance will be kept allowing for contact tracing.

There will be no make up classes available under any circumstances. Due to the limited skaters allowed on the ice, we will unfortunately not be able to accommodate make up classes until further notice.

Rental Skates will be available but limited as they will need to be sanitized between sessions.

Helmets will no longer be available from the Cube. You must provide your own helmet. A helmet is required for all our beginner skaters in the Snowplow Levels and Basic 1. Helmets are recommended for all other levels.

Skaters should bring their own gloves or mittens. We will no longer have gloves available to borrow. For the safety and health of your skater, we strongly recommend gloves be worn at all times in the building and taken home to be washed following class.

Our instructors will remain as “hands off” as possible but in the event that they do have physical contact, safety protocols will be implemented.