

# Learn to Skate

## What to expect on your first class

### Ann Arbor Figure Skating Club

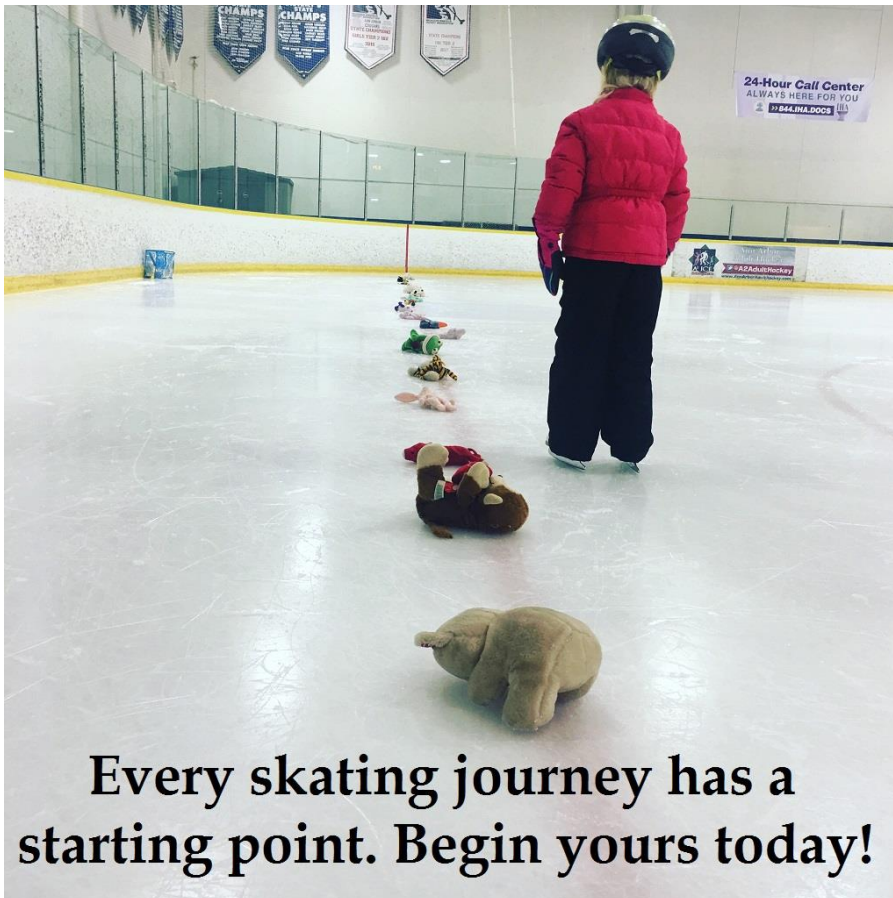


#### What to expect:

Plan to arrive 15-20 minutes early for your skater's first class of Learn to Skate. This will provide you with enough time to pick up their nametag, sign and/or drop off waiver forms, navigate the building, retrieve and secure skates (as tight as you can), and familiarize your skater with walking off-ice. If possible, please sign and bring waiver forms- available ahead of time on the LTS page on our website.

Snowplow 1 and Basic 1 students will meet their instructors in the downstairs lobby and begin with off-ice marching, stretching, and falling down/getting back up. As students take the ice with their instructors, parents are asked to take their seat in the stands. We ask that you not leave the building for safety purposes. Gloves are essential as students will begin by learning how to fall down and get back up on the ice.

For younger skaters, progress often begins slowly, but by encouraging them to keep trying; we can help them succeed in learning new skills. As they progress throughout the session or even after several sessions, it is important to remind skaters of their accomplishments.



**Every skating journey has a starting point. Begin yours today!**

#### What to wear:

- Warm clothing worn in layers
- Light pair of gloves
- Long, thin socks or nylons
- Refrain from wearing any restrictive or bulky clothing
- A helmet is required for children age 6 and under, as well as for students in the Basic 1 class
- Rental skates are available and included in registration
- If you've skated in our classes previously, we ask that you reuse your lanyard from prior sessions

#### Where to go:

- Name tags and waiver forms are retrieved upstairs near the front lobby entrance
- Rental skates are included and located downstairs at the "Skate Rental" booth
- Instructors collect students from the downstairs lobby on the first class for all Snowplow Sam 1 and Basic 1 groups

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